

The Tour de Farmington is a one-day bike tour event to visit local farmers, from the greater Franklin County region, who will open their farms to the cyclists for tours and commerce on October 1, 2011.

Cyclists will travel one of three different length routes through agricultural areas in Farmington and surrounding towns. At the farms, cyclists can buy produce and other farm items that will be transported by vans to the start/finish. They will be able to enjoy the healthy pursuit of cycling in a large group, while learning about the agricultural aspects that make the greater Franklin County area unique.

Beginning with the goal of creating more opportunities to enjoy locally grown food, this project also hopes to raise public awareness of eating local, through publicity and local efforts. This project will allow community members and visitors to become familiar with the agricultural treasures of the greater Farmington region.



FARM DESCRIPTIONS

MARBLE FAMILY FARMS, FARMINGTON

Four generation farm specializing in naturally grown vegetables, value added products, free range eggs, hay, maple syrup and baked goods using 100% ME organic whole wheat flour.
Phone: (207)778-6968 or (207)779-4858

MOUNTAIN VILLAGE FARMS BED AND BREAKFAST, KINGFIELD

Six bedroom Victorian farmhouse bed and breakfast with beautiful grounds that include 40 laying hens for organic eggs, culinary flours, herbs, and greens. They also make a variety of homemade granolas.
Phone: 207-265-2030 www.mountainvillageinn.com

LONG FELLOW'S CREAMERY/ SECOND CHANCE FARM, AVON

Small family owned farm specializing in organic grass-fed beef, whey-fed heritage pork, milk-fed veal, cheese, milk, and yogurt. Also offering fiddleheads and maple syrup in season.
Phone: (207)639-2074

VOTER VALE FARM, AVON

Specializes in Katahdin sheep, for meat or livestock sale. Pork sold by the whole or half. Jams and jellies made from organically grown fruits, grown here or on local farms. Raspberries, blackberries and maple syrup.
Phone: (207)684-5795

ISLAND FARM, AVON

Family operated farm raising grass-fed beef, organic hay, naturally raised pork, lamb and chicken, and 3 acres of organically grown vegetables. Also offering seedlings and fiddleheads in season.

THE WHITE ELEPHANT, STRONG

Family run country store that sells locally grown seasonal produce as well as locally raised beef and lamb from surrounding farms. They offer indoor dining as well as outside patio seating.
Phone: (207) 684-36

TOUR DE FARMINGTON



Saturday October 1, 2011



Tour De Farmington

Saturday, October 1, 2011

CHOICE OF THREE ROUTES

- SAG wagons with tools will be available should riders experience a broken part or flat tire.
- Vans will travel the route to pick up any items purchased at farms for riders to pick up at the end of the tour.
- To register for the tour go to: <http://www.bikereg.com/events/register.asp?eventid=14175>
- A recommended donation of \$25 is asked of all riders over the age of 16. Any profits from this ride will be split equally between the six farms featured on the tour.
- For more information visit us online at: <http://tourdefarmington.wordpress.com/>
- Or send an email to: tourdefarmington@gmail.com

If you are interested in volunteering, please send an email with "volunteer" in the subject or call and leave a message for Laura Damon at (207) 232-4691

22 MILE ROUTE (ONE WAY)

The 22 mile route includes two farm stops on a one-way route that leads cyclists north from Farmington to Marble Family Farms and ends at the Mountain Village Farm Bed & Breakfast. An optional shuttle service back to downtown Farmington will be provided. Cyclists can view the farms at peak foliage season and meet the farmers. The two farms on this route produce a variety of vegetables and value added products such as organic eggs, breads, pastries, flours, and granolas. (Estimated time for an intermediate rider is approximately 2 hours, including stops). To access an online map visit: <http://ridewithgps.com/routes/571620>



Marble Family Farms
22, 41, and 57 mile routes



Mountain Village Farm B&B
22 and 57 mile routes

41 MILE LOOP (LOOP)

The 41 mile route is a loop that features five family farms, specializing in delicious vegetables as well as fine meats and cheeses. Cyclists will experience views of the Longfellow-Blue Mountains as they pass through the towns of Farmington, New Vineyard, Strong, Phillips, and Avon. The farms on this loop are committed to providing fresh food for local communities and many popular restaurants throughout New England. This is an intermediate loop and is not recommended for beginners due to several challenging uphill. (Estimated time for an intermediate rider is approximately 4-5 hours, including stops). Online map: <http://ridewithgps.com/routes/571661>



Voter Vale Farms
41 and 57 mile routes



Island Farm
41 and 57 mile routes

57 MILE LOOP (LOOP)

The 57 mile route contains all five farms found on the 41 mile and includes a stop at an Art Gallery in Kingfield for refreshments. What separates this route from others on this year's tour are the scenic views found on Route 142 (between Salem and Phillips) where the route traces a restored section of the Sandy River & Rangeley Lakes Railroad bed. During fall foliage, this area is amazing to behold. This route is recommended for intermediate to advanced riders. (Estimated time for advanced riders is around 4 hours with minimal stops). Online map: <http://ridewithgps.com/routes/475154>



Longfellow's Creamery
41 and 57 mile routes



The White Elephant
41 and 57 mile routes

See back of brochure for descriptions of each farm.