



Safety, Crash Prevention Form

Safety is our number one priority on the Tour. Please read and check each statement and sign this form indicating your agreement of the following statements.

- I understand that intersections along the Tour route may not be manned by Tour volunteers or police officers. I will exercise caution and obey all Maine State traffic laws along the Tour route. I will operate my bicycle as a vehicle and obey all traffic laws.
- As a cyclist, I will use extreme caution at intersections, yielding to right of way of other cyclists and motor vehicles and obeying all Maine State traffic laws.
- I understand that I am to ride single file.
- I will obey the Maine Statutes requiring that “a person operating a bicycle shall ride as far as practicable to the right side, except when making a left turn.” “Practicable” means that which can be put into practice; feasible.
- I will pass cyclists on the left only after calling “on your left” or ringing my bicycle bell to let the cyclists know that I am passing. I understand passing on the right is extremely dangerous.
- I will call out my intentions when on my bicycle (such as “stopping,” “slowing down,” “passing on your left”) loud and clearly to the cyclists around me.
- I will wear a properly fitted and ANSI- or Snell-approved helmet correctly at all times when on my bicycle.
- I will look ahead and plan ahead for safety. I will look and plan in advance for my safety and that of others.
- I will be aware of my surroundings. I will watch for obstacles in my path such as poor surface conditions (sand and glass in road), other cyclists, roadway edges, mailboxes, people, parked cars, and animals.
- I will be courteous to and aware of other cyclists. I will keep my distance to avoid collisions. I will call out any road hazards that I see to the cyclists behind me.
- I will pull off the road completely if I need to stop and get off of my bicycle, or to enter a rest stop. I know I must pull off into the gravel or grass in order to be out of the way of on-coming cyclists that are behind me.
- I will yield to all emergency vehicles, especially those on the Tour route.
- I understand the Tour staff reserves the right to dismiss any participant who is riding dangerously.
- I understand that the use of earphones, radios, or cellular phones is strictly prohibited while riding.
- I understand child tag-alongs and trail-a-bikes are allowed, but kid carriers are not allowed on the Tour.
- I understand riders under 18 years of age must ride within the presence of a parent/guardian.

Code of Conduct

The following are prohibited on the tour:

- Any form of harassment including, but not limited to, harassment based on sex, age, race, national origin, religion, sexual orientation, marital status, handicap, or membership in other protected groups. Sexual harassment is specifically defined as unwelcome sexual advances, requests for sexual favors or other verbal conduct of a sexual nature when such conduct has the purpose or effect of creating a hostile, intimidating or offensive environment.
- Theft, misappropriation, damage or unauthorized use of property that does not belong to me.
- Provoking or engaging in any act of violence.
- Failure to adhere to Tour Safety and Crash Prevention Code (see front of this document).
- Any use of illegal drugs during the Tour. This includes the use of tobacco and alcohol by minors.
- Disorderly conduct will not be tolerated at or during the event.
- The Tour is a tobacco-free event.

Violation of these rules should be brought to the attention of tour staff.

Rider Waiver and Release of Liability

In consideration of being allowed to participate in any way in the Tour de Farmington bicycle ride, and related events and activities, the undersigned:

1 Agrees that prior to participating, s/he will inspect the facilities and equipment to be used. If they believe anything is unsafe, they will immediately advise Tour staff of such conditions and refuse to participate.

2 Acknowledge and fully understand that each participant will engage in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inaction, or negligence of others, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.

3 Assume all the foregoing risks and accept the personal responsibility for the damages following such injury, permanent disability, or death.

4 Release, waive, discharge and covenant not to sue Tour de Farmington staff and volunteers, administrators, directors, agents, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releases," from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the release or otherwise.

RIDER NAME: _____ RIDER # : _____

RIDER SIGNATURE: _____ DATE: _____